# State of Illinois School Health Requirements

The State of Illinois Certificate of Child's Health Examination form is due <u>October 15<sup>th</sup>, of</u> <u>the current school year</u>. Your child will be excluded from school starting on <u>October 16<sup>th</sup> of</u> <u>the current school year</u> until the forms have been completed and turned in. Appointment dates past the October 15<sup>th</sup> deadline are no longer being accepted by the State of Illinois.

HEALTH EXAMINATION for Pre-K, Kindergarten, sixth, ninth, and new transfer students from out of state will need a health examination turned in by October 15<sup>th</sup>, 2018. Exclusions will start October 16<sup>th</sup>, 2018. New students to the district from out of state or out of the country have 30 days from the first day of school to submit a health exam.

#### **KINDERGARTEN**

- Physical Examination must be completed within one calendar year prior to the date of entry. The exam must include up-to-date immunizations and medical history completed and signed by parent.
- Eye Examination must be performed by a licensed optometrist within one year prior to the first day of school and submitted before October 15 of the school year
- Dental Examination must be performed by a licensed dentist and submitted prior to May 15 of the school year. Dental exams must be completed within 18 months prior to the May 15 deadline.
- Lead Screening is required one time prior to entering kindergarten for students six years or younger. There is a portion on the Physical Examination that needs to be completed to document this requirement.

## 2<sup>ND</sup> GRADE

• Dental Examination must be performed by a licensed dentist and submitted prior to May 15 of the school year. Dental exams must be completed within 18 months prior to the May 15 deadline.

# 6<sup>TH</sup> GRADE

- Physical Examination must be completed within one calendar year prior to the date of entry. The exam must include up-to-date immunizations and medical history completed and signed by parent.
- Proof of one dose of Tdap vaccine and one dose of MCV4 (meningococcal conjugate vaccine) vaccine on or after the 11<sup>th</sup> birthday
- Dental Examination must be performed by a licensed dentist and submitted prior to May 15 of the school year. Dental exams must be completed within 18 months prior to the May 15 deadline.

### 9<sup>TH</sup> GRADE

• Physical Examination must be completed within one calendar year prior to the date of entry. The exam must include up-to-date immunizations and medical history completed and signed by the parent.

## 12<sup>TH</sup> GRADE

• Two doses of MCV4 vaccine (meningococcal conjugate vaccine). Only one dose is required if the first dose was received at 16 years of age or older.

#### NEW STUDENTS FROM OUT OF STATE

- Physical Examination must be completed within one calendar year prior to the date of entry. The exam must include up-to-date immunizations and medical history completed and signed by the parent.
- Physical exams are due within 30 days of the first day of school. If an exam is not submitted within 30 days, the student will be excluded from school per Illinois Law.
- Eye Examination must be performed by a licensed optometrist within one year prior to the first day of school and submitted before October 15 of the school year.

#### STUDENTS TRANSFERRING FROM OTHER ILLINOIS SCHOOLS

- Transfer of current Illinois school health records (physical exam with up-to-date immunizations, dental exam and eye exam).
- School health requirements for grade level as noted above.

#### SPORTS PHYSICALS

- A yearly Sports Physical is required for all athletes to participate in school sponsored athletic programs.
- 6<sup>th</sup> and 9<sup>th</sup> graders do not need a separate sport physical. The required physical exam for 6<sup>th</sup> and 9<sup>th</sup> graders can also be used as a sports physical. \*A sports physical cannot be used as a physical exam\*
- Sports Physicals are required for grades **7**, **8**,**10**,**11**,**12** to participate in any school sponsored athletic program.
- Sports physicals are good for 395 days from the date of the physical

#### WAIVERS

- A waiver may be submitted in place of an eye exam by completing the State of Illinois Eye Examination waiver form.
- A waiver form may be submitted in place of a dental exam by completing the State of Illinois Dental Examination waiver form.

- A statement from the MD, DO, APN or PA indicating that an **immunization is medically contraindicated** is acceptable and needs to be attached to the student's physical exam form. In case of a disease outbreak, the student must be excluded from school for 14 to 21 days of school, mandated by Illinois Department of Public Health. Should the condition of the child later permit immunization, the requirement will then have to be met.
- **Religious exemption for immunizations** requires an <u>Illinois Certificate of Religious</u> <u>Exemption to Required Immunizations and/or Examinations Form</u> completed by the parent and students MD or PA and must be within one year prior to the first day of school.

### NECESSARY MEDICATIONS

- Any over the counter medication not prescribed by a doctor such as cough drops, Tums, and Tylenol and any prescription medication must be brought in by an adult in the original packaging, with the student's name, name of medication and dosage. Medication received in bags will not be accepted. Students will not be given prescription and/or over the counter medication without a completed Medication Consent form which has been signed by the parent/guardian and the health care provider.
- A Student Self-Administration of Asthma Medication Consent Form must be completed by the parent/guardian and a copy of the original box/prescription must be kept on file. An Asthma Action Plan (AAP) is available for students with asthma. Herscher Community Unit School District #2 requests an AAP for students with asthma.
- The Illinois Food Allergy Emergency Action Plan and Treatment Authorization form is available for students who have food allergies and may require necessary medication during the school day. The form needs to be filled out and signed by the parent/guardian and student's healthcare provider.

#### VISION AND HEARING SCREENINGS

- Annual vision screenings are mandated per IDPH and ISBE for Pre-school, Kindergarten, 2<sup>nd</sup> grade, 8<sup>th</sup> grade, Special Education students, transfer students, teacher referrals
- Annual hearing screenings are mandated per IDPH and ISBE for Pre-school, Kindergarten, 1<sup>st</sup> grade, 2<sup>nd</sup> grade, 3<sup>rd</sup> grade, Special Education students, transfer students, teacher referrals
- If the parent/guardian does not want their student screened, please put in writing and send to the school nurse.

\*All information subject to change per any changes made by the Illinois Department of Public Health and the Illinois State Board of Education.