## **Kankakee Junior High School Track 2015**

## Schools Competing: Kankakee, BUGC, Limestone

Location: Kankakee High School 1200 West Jeffery Street Kankakee, IL

Date: 4/23/15

<u>Time:</u> 4:00 PM

Participation Limits:

## **Triangular Meet**

2 Entries in hurdles, 100M, 200M, 400M3 Entries in all field eventsUnlimited Runners in 800M and 1600M2 Relay entries per 400M, 800M, and 1600M Relay

- <sup>1</sup>/<sub>4</sub> Track spikes can be used on track.
- Please clean up your camp area before you leave.
- We will provide batons, throwing implements, and starting blocks.

## Running Events:

We will run the boys 110-meter hurdles first, followed by the girls 100-meter hurdles. After the completion of the hurdles, the girls will begin their running events, and the boys will begin their field events.

If you have any questions please do not hesitate to email Jana Sheely-jana-sheely@ksd111.org Lynn Lund-lynn-lund@ksd111.org